

**Health, Housing and Adult Social Care
Scrutiny Committee**

19 September 2023

Report of Zoe Campbell, Managing Director, North Yorkshire, York and Selby Care Group, Tees, Esk and Wear Valley Mental Health Trust.

Update regarding CQC inspections at Foss Park Hospital

Summary

1. This report serves to provide an update to Committee members on the content of a previous report, dated 22 November 2022, regarding CQC inspection at Foss Park Hospital.

Background

2. Committee has received 2 previous reports, (November 2021 and November 2022), which detailed the registration of Foss Park Hospital with CQC and subsequent CQC inspection of the Trust's acute wards for adults of working age, which included the 2 adult mental health wards within Foss Park. This report will update members on the actions detailed in the November 2022 paper.
3. The paper presented to Committee in 2022 included detail of a Trust wide inspection of specialist community mental health services for children and young people that took place in June/July 2022. This report therefore provides an update on actions that relate to the York area.
4. During 2023 the Trust has undergone a Well Led inspection and inspection of core services. As the inspection process is not complete there are no new inspection reports, outcomes or actions at this time for members to consider.

CQC 2021 actions

5.
 - 73 actions are complete
 - 1 action is on track with little risk to delivery

Foss Park

Staffing

6. Staffing remains a challenge in both AMH wards however several initiatives have been put in place:
 - The Trust recently approved an increase in the hourly rates for internal bank staff which will help to increase numbers in the bank meaning wards have improved access to our own staff to cover gaps in establishment.
 - International recruitment has resulted in recruitment of 23 nurses, (11 of whom are cleared and ready to start, the remainder are still going through the process)¹. We have undertaken a process to allocate nurses to appropriate roles across the NYYS area, including Foss Park.
 - We have introduced and extended the number of Therapists and Physical Healthcare Assistants we have on wards. Physical Healthcare Practitioners and psychology staff are involved in formulation meetings and care planning.

Environment

7. The Trust is nearing the end of the first phase of 'assistive technology', installations. This includes sensor type doors which alarm should they detect any weightbearing and 'Oxyhealth', an infrared camera system which monitors vital signs. Oxyhealth is in place in Foss Park and the specialist doors have been fitted in one of the AMH wards and are programmed in for the second ward.

York CAMHS

8. There is a continued focus on recruitment across the two York CAMHS teams. There are still vacancies which can impact on ability to meet demand, however we have recently employed two team managers which has not only increased capacity it has resulted in an improvement in staff morale; and in June we recruited 2 consultant Psychiatrists who will start in post later in this calendar year. Once these people come into post, we expect to see improvements in demand management.
9. A 'case load deep dive' exercise, (which completed in July 2023), that considered how processes and ways of working could be improved to

¹ All 23 may not start with us.

alleviate caseloads, has identified a number of changes/initiatives that will assist caseload management. The NYYS Care Group Board will continue to monitor the caseload levels across York CAMHS to ensure expected benefits are realised or to intervene should they not arise.

10. Replacement of the sound proofing in interview rooms is complete.
11. Completion of mandatory and statutory training is monitored regularly at Care Group Board, Executive Group and Board level. The NYYS team is meeting the internal target of 85% of all required training completed.

Consultation

12. N/A

Options

13. N/A

Council Plan

14. N/A

Implications

15. N/A

Risk Management

16. N/A

Recommendations

17. Members are asked to note the content of the report.

Reason: To keep the Committee updated regarding CQC inspection at Foss Park Hospital

Contact Details

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Report Approved

Date 11/09/23

Wards Affected: *List wards or tick box to indicate all*

All

For further information please contact the author of the report

Abbreviations

AMH – Adult mental health.

CAMHS – Children and adolescent’s mental health services.

CQC – Care Quality Commission

NYYS – North Yorkshire, York & Selby

RN – Registered Nurse

TEWV – Tees, Esk & Wear Valley Mental Health Trust.